

SEL DAY FACTS

SEL is not just for adolescents. Teachers with high levels of social competence are **better able to protect themselves from burnout.**



Increases in empathy significantly predict **less aggressive behavior.**

When looking at the association between SEL skills in kindergarten and young adult outcomes: **Kindergartners who are stronger in SEL competence are more likely to** graduate from high school, complete a college degree, and obtain stable employment in young adulthood.



4 in 5 teachers **want more support** to address students' social and emotional development.

There is an **\$11 return on every \$1** invested in social emotional learning curriculum.

